

# **Guide to University**

Your ultimate signposting guide to all things Nottingham Trent



#### Who are we?

Nottingham Trent Students' Union (NTSU) is an independent, not-for-profit organisation that aims to make your time at Nottingham Trent University (NTU) the best it can be.

#### Who are the 'Exec'?

NTSU's Executive Officers are elected annually and are accountable to the entire student population at NTU.

### Your say

As a democratic organisation, NTSU is run by you, our members. As an NTU student, you have the power to change your University experience through a variety of democratic processes. Electing your Exec officers in our annual elections and submitting 'Big Ideas' for improvements you'd like to see at the University or Students' Union are just a couple of ways you can make an impact.

#### Your venues

Our coffee shops, bars, and diners are great places to meet friends, chill, and grab a bite to eat or a drink between classes. We have outlets on each of NTU's three main campuses.

#### Your events

With a calendar of social events running on all campuses every week during term, our entertainments team are devoted to bringing you the best student-friendly events in the city. So, whatever your taste or campus of study, you can experience student life at NTU to the full.

### Did you know?

The money you spend in our shops, venues and events is reinvested to fund services, opportunities and representation activities for our members (our students!). If you would like to have your say on how we spend our profits and the services we deliver for you, our Exec are here to listen. Tap each Exec below to explore their social media accounts.















This guide contains interactive links throughout. Click on photos, subheadings and underlined text to visit the relevant website pages.

# PRESIDENT ANNA O'HARA

(SHE/HER)

Anna acts as the line manager for the other Executive Officers and is the lead contact for the University and other third parties. Anna is responsible for the governance of the Students' Union, and chairs a number of its committees.

### Main manifesto focus:

To work closely with the university, accommodation providers and the Exec Team to ensure students are fully supported through the Cost of Living Crisis.

### Favourite thing about NTSU:

That there is something for everyone to get involved in, from club nights and day events, to societies and course reps.

### **Favourite thing about Nottingham:**

There is always something new to do at NTSU, NTU and even in the city.

### Goal for the year:

To ensure that all students voices are heard and accurately represented by myself and the rest of the Exec Team. I want to ensure NTU and NTSU act upon the needs of students.

### One tip for joining NTSU/NTU:

Don't be afraid to ask questions and speak up for what you want, as many people might have the same idea.

### One thing you wish you knew about university before arriving:

That it's never too late to join in, whether it's a society, sports club or even going to new places outside of welcome week.



# VP EDUCATION JESS WALKER

(SHE/HER)

Jess represents NTU students regarding their learning experience and helps implement important changes to their education. Jess is the lead on Academic Representation at NTSU.

### Main manifesto focus:

Ensure that students are supported academically to create the best university experience possible by improving the academic representation system at NTSU.

### Favourite thing about NTSU:

The study spaces - whether you are looking for group study spaces, quiet learning areas, or somewhere to chat with course mates over a cup of coffee - there is something suited for everyone.

### **Favourite thing about Nottingham:**

Having green spaces on your door step - my personal favourite is the Arboretum.

### Goal for the year:

Create a stronger student experience by getting students involved in their educational and social university experience.

### One tip for joining NTSU/NTU:

The first few months away from home are going to be hard, but stick it out, and the rest of your experience will be more manageable.

### One thing you wish you knew about university before arriving:

It's okay to not know what you're doing, or what you want to do - that's what university is for - to figure things out!





# VP OPPORTUNITIES JASMINE GAUNT

(SHE/HER)

Jasmine looks after the diverse range of societies and fundraising (RAG) activities across all campuses at NTU.

### Main manifesto focus:

To support students looking for part-time work, host more committee events, and build connections between NTU and University of Nottingham (UON) societies.

### Favourite thing about NTSU:

The sense of community you get from taking part in the opportunities offered. It's also so cool that NTSU have hosted so many amazing artists such as Lewis Capaldi!

### **Favourite thing about Nottingham:**

I love living in Nottingham because it's such a student populated city, so lots of opportunities and events targeted are at the student demographic.

### Goal for the year:

I aim to increase collaboration between societies and build relationships between societies and sports clubs.

### One tip for joining NTSU/NTU:

There are loads of opportunities to meet people with similar interests to you!

### One thing you wish you knew about university before arriving:

The variety of opportunities NTSU offers including club events, taster sessions, affordable trips around the country, and comedy nights.





## **VP COMMUNITY & WELFARE**

### **OLIVIA BROOKS**

(SHE/HER)

Olivia provides support for students in all aspects of their welfare. Olivia aims to tackle any issues students are facing during their time at University to ensure they're having the safest, most enjoyable time possible.

### Main manifesto focus:

To create and maintain a safe environment where every student can thrive and feel supported.

### Favourite thing about NTSU:

Ouids In.

### **Favourite thing about Nottingham:**

The community that exists between students in Nottingham.

### Goal for the year:

To destigmatise mental health, particularly men's mental health.

### One tip for joining NTSU/NTU:

Don't compare your university experience to someone else's and stay true to your passions and interests. It is three (or more) years of your life, so live that the way that you want to.

One thing you wish you knew about university before arriving:

How to get free sexual health support, such as condoms and STI kits. There are many places you can get support with this, such as our on-campus health centres, or SH:24.







(SHE/HER)

Jodi is the voice of student sport at NTU, providing inclusive and engaging sporting opportunities to students across all three campuses.

### Main manifesto focus:

Access to physical activity for all students; Sports ball for committee members; Promotion of clubs through NTU and NTSU channels.

### Favourite thing about NTSU:

The range of societies we have that cater to every student, and the option to start one if you don't find one!

### **Favourite thing about Nottingham:**

The sports teams around Nottingham! We have incredible teams including Trent cricket, Nottingham rugby, Forest and Notts County football.

### Goal for the year:

Access to physical activity for all students at NTU.

### One tip for joining NTSU/NTU:

Join a sports club or society! They are the best place to meet people. Get involved with as much as you can.

## One thing you wish you knew about university before arriving:

If you don't want to commit to a club you can do so many sports socially using the 'Play for fun' and 'Intramural' (social leagues) programmes.





# VP POSTGRADUATE BELLA VOICE

(SHE/HER)

Bella represents postgraduate students and NTU, leading employability and enterprise activities, and ensuring that NTSU's services suit the needs of our postgraduates and international.

### Main manifesto focus:

Increased Postgrad and International Engagement within NTSU; Support for International students regarding Graduate Visas and work after graduating; Masters and scholarship application support.

### Favourite thing about NTSU:

The gigs in our venue.

### **Favourite thing about Nottingham:**

The variety of independent shops and cafes around the city.

### Goal for the year:

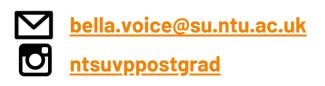
To improve the academic representation for international and postgrad (PG) students.

### One tip for joining NTSU/NTU:

You pay a lot for University, so make sure you take advantage of everything NTU has to offer, and get your money's worth by taking up every opportunity that you can.

### One thing you wish you knew about university before arriving:

There is no right way of doing things so don't feel like there's any expectation for you to do certain things - make your experiences your own because there is so much on offer.





# BRACK OFFICER DYLAN NEARY

(HE/HIM)

Dylan works part-time alongside the other Executive Officers to represent students at Brackenhurst Campus.

### Main manifesto focus:

To continue to develop the relationship between Brackenhurst and the wider Students' Union, with a heavy focus on student safety and inclusivity around campus.

### Favourite thing about NTSU:

The wide range of events they provide across all campuses.

### **Favourite thing about Nottingham:**

The number of green spaces there are, whether this be NTU's Brackenhurst campus or other nature reserves around Nottinghamshire.

### Goal for the year:

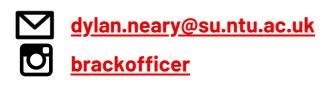
My main goal for the year is to provide students with a wide range of inclusive events on campus.

### One tip for joining NTSU/NTU:

The Students' Union is a brilliant way to meet new people outside of your accommodation and course groups, so get involved!

### One thing you wish you knew about university before arriving:

Knowing how to cook. I went to university knowing how to cook a few different meals but soon realised pesto pasta becomes boring very quickly.







VP Education is the lead on Academic
Representation, and is supported by VP
Postgraduate and the Student Voice team, as
well as School Officers and Course Reps to
enhance your academic experience.

Academic Representation at NTSU is student-led, meaning that students are actively involved in their academic journey at NTU.

Through our School Officers and Course Representatives, students have a seat at the table where fundamental decisions are made about their education.

Becoming a Course Rep or School Officer means you can ensure you and your peers are accurately represented and appropriate changes are made to improve your learning experience.

Plus, the experience is invaluable! Enhance your skills in communication and networking, learn how to conduct yourself professionally, and much more! Our Rep Development Programme, exclusive to 2023/24, will equip you with the materials you need to thrive in the professional working world.

Applications for School Officers and Course Reps are open September 15th - October 6th. For more information and to sign up, tap the icons below.



<u>Course</u> <u>Representative</u>



**School Officer** 





Your **Executive Officers** are here to represent you on everything from your education to your welfare. Feel free to reach out to them and see what they are doing this year to support you.



Our **Equality and Diversity chairs** are here to represent our student demographics at NTSU.





Your Academic Representatives (your School Officers and Course Reps), are here to ensure that your voice is heard and your education is the best it can be. They work closely with each school and our VP Education and VP Postgraduate.

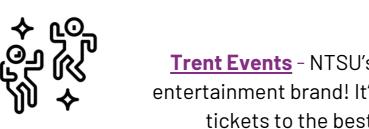


Big Ideas are the easiest way to improve the University and Students' Union. If you have a suggestion to improve the student experience, we want to hear it. You can vote on other students' ideas too.

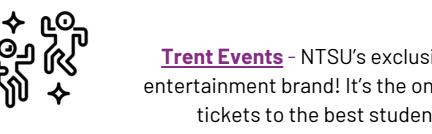




Interested in becoming a Committee Member for a society or sports club? Wanting to become an Executive Officer next academic year? Running and voting in elections can help make your university experience the best it can be.



Trent Events - NTSU's exclusive night-time entertainment brand! It's the only place to book tickets to the best student nights in Nottingham!



### **Information and Advice Service (IAS):**

IAS offers guidance in a variety of areas, from money matters to mental health. They are confidential, independent from NTU, impartial and represent all students at our university.



### **Safe Places at NTU:**

NTU and NTSU have worked together to create safe and secure places on our City, Clifton, and Brackenhurst campuses. The staff there can help you during a night out if you're being followed, want to leave an uncomfortable situation, or calm down if you're feeling anxious.



### **Campus Security:**

The number for security, among other contacts, can be found on the back of your student card:

City Campus: +44 (0) 115 848 2468 Clifton Campus: +44 (0) 115 848 6600 Brackenhurst Campus: +44 (0) 7786 112005



### **Campus SOS points:**

If you are in danger or need immediate support, the SOS points on campus contact security, who can contact emergency response if necessary, and be with you within minutes.



### **Report and Support:**

A way that NTU students, colleagues, and visitors, can report issues of bullying, harassment, discrimination, hate incidents, sexual misconduct and assault. Reports can either be made anonymously or by providing contact details, for yourself or for someone else.



### **NTU Emergency Taxi Scheme**

It's the end of the night, you've run out of money, don't have your bank card with you, and need to get a taxi home. What can you do?



Call Nottingham Cars on **01159 700 700** to book a taxi, **stating** you need to use the Student Emergency fare scheme.



The taxi driver will **take note of your NTU ID number** so make sure you know this/have it to hand in the taxi.

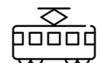


Your fare will **temporarily** be covered by NTSU, who will contact you to pay them back the next day - you will have **one week** to settle your bill.

Nottingham Cars and NTSU have also secured a fixed-fare tariff for students travelling between campuses and halls of residence - see more **here**.









- East Midlands Airport 14 miles away from City
- Nottingham Train Station walking distance from City Campus
- NTU stop on the tram right outside Boots Library!
- Buses to campus Clifton, Brackenhurst, Mansfield, City, Confetti

Clifton - #4 bus (term-time only - N4 operates until 03.15)

# 1 bus (for outside of term/on the weekends)

**Brack -** # 26 bus gets you to campus in 45 minutes!

Mansfield - Stagecoach Pronto

City and Confetti - there are multiple routes that can take you here > see more

# SOCIETIES

### **Freshers' Fairs**

Freshers' Fair is the perfect place to learn more about these groups and meet some of the members! There is a fair on each campus!



### **Start a society**

Have an idea for a society that doesn't exist?

Setting up a society is actually quite simple. All you need is 15 interested members (8 at Brackenhurst, Confetti, or Mansfield), 3 committee members, and clear aims. Be part of something more!



### **Volunteering and Fundraising**

NTSU is partnered with 'Choose a Challenge', an organisation which supports causes with once-in-a-lifetime challenges including Everest Base Camp and Colombia Lost City.



### Give it a Go

'Give it a Go' (GIAG) gives students the chance to take part in activities ranging from trips to society tasters. In Term 1, GIAG week is 13th-19th November. Learn more about GIAG activities **here**.



There are nearly 60 sports clubs at NTU, so there is something for everyone! Compete for the club in <u>BUCS</u>, or just train for fun! **During** the year, we encourage you to attend an NTU Sport trial, or taster session, with the club you are interested in, prior to purchasing an Online Sport Club Membership to make sure it's right for you.



Get a discount of £50 membership when you join a second sport club (Visit Clifton Sports Hub or City Sport reception desk to find out more!)

Get involved socially at NTU with a variety of programmes:

### **Play for Fun**



Join in with NTU's regular, relaxed and informal sport for fun sessions. These have no commitment to joining a club and can be booked via the app.

### 'Intramural' sports leagues



Enter your own team into one of our NTU internal leagues that play against each other within the university. This offers weekly fixtures during term time, coordinated by NTU Sport staff and officiated by qualified match officials (no NTU Sport membership required!) - simply pay the weekly fee each time you play.

### **NTU Moves**



NTU Moves is a free app that will encourage and reward you to stay active. Simply connect your step counter on your mobile device or fitness tracker and start earning points for your activities. You will be rewarded with points which can be redeemed for NTU merchandise, hot drinks and other offers from the university's outlets!

NTU Sports
App
(also available
on Google Play)

NTU Moves
App
(also available
on Google Play)

SPORT AT

### **Maze Map**

Need directions to your classroom? Don't know which building you are supposed to be in? MazeMap is the easy way around campus and will show you the quickest route to get from A to B.



### **Easily accessible timetables**

Add your university timetable to your personal calendar to make sure you never turn up to the wrong classroom again! Just open your NTU calendar via NOW, 'subscribe to iCal', and allow access to your calendar.



### Sign up to your GP whilst at university

Don't wait until you start to feel ill, or you have run out of your prescription, to register with your local GP. The University practice helps with a range of services, such as sexual health and advice, to travel advice and immunisation. There is a local GP to all campuses.



### **HC2 Certificate**

You may be eligible to receive help towards health costs, for example visits to the dentists or the opticians. Check your eligibility (it's worth applying to - worst they could do is say no!)



### **Printing via email**

Don't know which printer is which? Simply send your document to **printmono@ntu.ac.uk**, take your student card up to the nearest (mono or colour) printer, and print. Simple.

